



THE CITY OF SAN DIEGO

## **Senior Affairs Advisory Board (SAAB)**

### **Minutes**

### **Wednesday, February 2, 2005**

Meeting was called to order at 11:15 a.m. by Chairperson Pat Ford.

**Members Present:** Dolli Cutler, Sam Duran, John Patrick Ford, Floyd Willis, Leane Marchese, Cheryl Wilson, Madeline Paul, Donald Steele **Excused Absences:** Millie Acasio, William Liu, Sharon McColl, Rosemary White-Pope **Absent:** Rudy Fernandez **Staff Present:** Diana Gray **Guests:** Kristi Fenick, Dr. Vinod Sasidharan

Minutes of January 5, 2005 meeting were approved as presented. Dolli Cutler made the motion to approve the minutes with a second from Leane Marchese. Motion carried unanimously.

#### **Modifications to the Agenda:**

The agenda was amended to include a report from Pat Ford on the San Diego Housing Commission.

#### **Nationwide Study on Role of Local Government Park and Recreation Agencies in Promoting Physical Activity and Health among Older Adults Presentation:**

Dr. Vinod Sasidharan presented a report on Preliminary Findings to the Senior Affairs Advisory Board whose members participated as one of the Stakeholder Focus Groups. Generally Dr. Sasidharan found that there was a nexus between those individuals involved in groups and being physically active. These two things seemed to go hand in hand.

At this time, Dr. Vinod Sasidharan indicated that the research study was looking at repackaging, reorienting and refocusing energies after learning some things from performing this study nationwide. Even though the country is made up of individuals with diverse backgrounds, many who participated in this effort were from one main group.

SAAB members noted that the group dealt with issues of trust and that to be able to reach more people of diverse backgrounds, it would be important to reach the formal and informal leaders for support.

Dr. Vinod Sasidharan's study left many with questions and with interest as to the actual outcome of the study.

#### **Public Comment:**

There was no public comment.

## **Old Business:**

**Housing Task Force** – Pat Ford, reported that Cheryl Wilson scheduled a meeting for February 17, 2005 at 11:00 a.m. in St. Paul's Board Room.

The Housing Task Force is moving ahead with the "Home Share" legislation.

**Annual Reporting** -- At January's board meeting, the recommendation was put forth that SAAB draft a report to council (PS&NS) to report on affordable housing for seniors in San Diego.

In three months, the Housing Task Force will have a report ready for council on affordable housing for seniors in San Diego.

Dolli Cutler reported that the County's Aging and Independent Services Advisory Council on Aging seemed to be addressing many of the same issues as SAAB. Dolli suggested that SAAB work with this group. A recommendation was made that Dolli should represent SAAB to the AIS Advisory Council on Aging and report to this committee. Cheryl Wilson so moved and Leane Marchese seconded the motion. The motion passed unanimously.

**Seniors Ride Free** – Floyd Willis will report at the next SAAB board meeting in March on the Seniors Ride Free item.

**SAAB Web Site** – To reach SAAB's website, use the url below:

<http://www.sandiego.gov/ced/boardcomm/saab.shtml>

**Proxy Voting** – At the January 2005 board meeting, this item was discussed as it related to an ongoing concern with SAAB. The board will recommend to the Mayor that Floyd Willis be appointed to the SAAB board to replace Pamela Smith, Director of Aging and Independence Services. Floyd has attended the board meetings and provided valuable input for over a year. A motion was made to take this item forward to Paola Avila-Ruderman in the Mayor's Office to recommend Floyd Willis be named to the Senior Affairs Advisory Board in place of Pamela Smith. The motion carried unanimously.

**New Business: None at this time.**

**Announcements** -- San Diego State University's College of Extended Studies OSHER Lifelong Learning Institute enrollment for spring is now underway. This is a program for intellectually active adults 50 and better. Spring courses start February 28, 2005. Many find that it is great to take a class for just pure learning. To find out more about the Osher Lifelong Learning Institute and all it has to offer adults 50 and better, call (619) 594-2863, email [osher@mail.sdsu.edu](mailto:osher@mail.sdsu.edu) or visit [www.ces.sdsu.edu/osher](http://www.ces.sdsu.edu/osher). Some of the spring course and lectures:

- The Italian Renaissance
- Ethics
- Tales and Trails of Mission Trails: Natural History Talks and Walks
- Current Events
- Chemistry in Our Everyday Lives

- World of Wine

The Meeting was adjourned at 12:10 p.m.

*Next Meeting – Wednesday, March 2, 2005*

*Chairperson: Patrick Ford*

*SAAB website: <http://www.sandiego.gov/city-clerk/boards-commissions/senior.shtml>*

*City Staff: Diana Gray -- telephone: (619) 533-3913*